

Medical Test and Review

1. Sunscreen should be applied every _____ hours when out in the sun. A. 5
2. Symptoms of an allergic reaction typically occur within _____ minutes after ingestion. B. 2
3. There are _____ “R”s to help you know that you have the correct medicine. C. 5
4. A maximum of _____ people are allowed in the moonwalk at the same time. D. 15
5. There are _____ types of Heat Emergencies. E. 3
6. T F If someone is bitten or stung by an insect, find out if they are allergic and immediately call for an EMT.
7. T F If your camper has a minor injury, then no medical attention is necessary.
8. T F Signs of heat exhaustion are lack of sweat, flush face, and nausea
9. T F Food allergy and food intolerance is the same thing.
10. T F If someone has a bad fall you should have them sit up immediately to make sure their okay.
11. T F Seizures are caused by many types of conditions.
12. The body’s initial responses to dehydration are:
 - A. Tiredness
 - B. Decreased Urine output
 - C. Thirst
 - D. Headache
 - E. Both B and C
13. All of the following is true about nosebleeds except:
 - A. They can be caused by nose obstruction
 - B. Tilt your head slightly forward
 - C. Blow your nose to clear clots
 - D. You should limit activity
14. Not wearing proper footwear can cause:
 - A. Foot pain, cramps, bunions
 - B. Cramps, foot pain, blisters
 - C. Foot pain, bunions, blister
 - D. Foot fungus, foot pain, blisters

15. List three signs or symptoms of a Heat Emergency
- A. _____
 - B. _____
 - C. _____
16. List three signs or symptoms of food intolerance:
- A. _____
 - B. _____
 - C. _____
17. When someone is having a seizure you should:
- A. Make sure they are safe
 - B. Offer Comfort and kindness
 - C. Time how long the seizure last
 - D. Do not put anything in their mouth
 - E. All of the above
18. When walking on the roadway:
- A. Walk towards traffic if only a few of you
 - B. Walk with traffic if with a group of people
 - C. Walk single file (when possible) if cars are approaching or passing
 - D. All of the above
 - E. Both A and C
19. If someone is accidentally hooked at fishing you should:
- A. Clean the area and wait for it to work its way out
 - B. Call the EMT'S
 - C. Use fishing line and jerk hook out
 - D. Have them Sit straight up
 - E. Both C and D
20. Allergies can best be described as:
- A. Sneezing, itching, watery eyes
 - B. Your body's reaction to a foreign substance
 - C. A reaction to a shot
 - D. The onset of a sore throat